

Social Learning and Functional skills group

Pathway for each year group

	Year 8 and 9	Year 10	Year 11- Post 16 Pathway
Autumn 1	<ol style="list-style-type: none"> 1. Zones of Reg- students create personal tool kit 2. Problem solving -Black sheep press- secondary situations 3. Group activity- lego therapy 	<ol style="list-style-type: none"> 1. Emotion check in using students preferred strategy (zones, blob tree, emotion meter) 2. OT strategy eg: sleep/ organizing self 3. Problem solving -LFBE 4. Group activity- orienteering 	<p>Topics to cover</p> <ul style="list-style-type: none"> • Making doctors appointment • Form filling skills • Sleep routines • Independent travel • Raising query <p>Emotion check in using students preferred strategy (zones, blob tree, emotion meter)</p>
Autumn 2	<ol style="list-style-type: none"> 1. Blob tree and emotion meter 2. Emotional literacy and interoception 3. Discuss self care topic 4. Group activity- cooking (link with ASDAN) 	<ol style="list-style-type: none"> 1. Emotion check in using students preferred strategy and talking about regulation (zones, blob tree, emotion meter, where do we feel it) 2. OT strategy eg: sleep/ organizing self 3. Functional skills- using calendar/ timetable, alarms 4. Group activity- cooking (link with ASDAN) 	<p>Functional Communication inc-</p> <ul style="list-style-type: none"> • Cooking (Link with ASDAN) • sequencing activities of daily living <p>Emotion check in and problem solving skills</p>

Spring 1	<p>Strategies</p> <ol style="list-style-type: none"> 1. Comic strip convos 2. Conversation skills 3. Functional skills- group activity 	<ol style="list-style-type: none"> 1. Emotion check in using students preferred strategy (zones, blob tree, emotion meter) 2. OT strategy eg: sleep/ organizing self/ personal details 3. Functional- form filling Raising query 4. Group activity – lego/ LFBE 	<p>Topics to cover:</p> <ul style="list-style-type: none"> • Revision questionnaire • Revision skills- mind maps, note taking, visual learning, • Regulation strategies for exam conditions <p>Emotion check in, group activity- Debating (others perspectives, respecting others opinions, disagreeing politely, giving rationale)</p>
Spring 2	<ol style="list-style-type: none"> 1. Emotion check in 2. Discussion self care topic 3. Emotional literacy and interoception 4. 5. Group activity- cooking (link with ASDAN) 	<ol style="list-style-type: none"> 1. Emotion check in using students preferred strategy (zones, blob tree, emotion meter) 2. OT strategy eg: personal hygiene, attendance 3. Functional skills- making doc appt, consent 4. 6. Group activity- cooking(link with ASDAN) 	<p>Topics to cover:</p> <ul style="list-style-type: none"> • Revision questionnaire • Revision skills- mind maps, note taking, visual learning, • Regulation strategies for exam conditions <p>Emotion check in and group activity</p>
Summer 1	<p>Strategies</p> <ol style="list-style-type: none"> 1. Emotion check in 2. Talk about programme 	<ol style="list-style-type: none"> 1. Emotion check in using students preferred strategy (zones, blob tree, emotion meter) 2. Planning an event- team work, planning, scripting 	<p>Topics to cover:</p> <ul style="list-style-type: none"> • interview practice • Identifying strengths and skills • Creating communication and sensory passport

	3. Functional skills	3. Group activity – tent building	Emotion check in
Summer 2	<ul style="list-style-type: none"> • Emotion check in using students preferred strategy • Discuss self care topic • Planning an event-organizing • Group activity 	<ol style="list-style-type: none"> 1. Emotion check in using students preferred strategy (zones, blob tree, emotion meter) 2. Planning a trip – scripting, route planning, 3. Group activity 	<p>Topics to cover:</p> <ul style="list-style-type: none"> • Life skills • Managing money/ shopping/ communication in the community (independent living ASDAN) <p>Emotion check in and group activity</p>